



Manual Handling - E-Learning

Course Aim

This e-learning course aims to help ensure that delegates are following best practices and can help reduce the chances of injuries in the workplace as a direct result.

Available in over 35 languages

Our courses are machine translated* into a variety of popular International languages, so regardless of location or language preference, we've got you covered. Our machine translated content includes the translation of course transcripts and test questions.

**Content which is not English may be machine translated and is for assistive purposes only. We cannot guarantee the accuracy of translations.*

Who Should Attend?

This course is suitable for delegates who require knowledge in the use of safe manual handling within their workplace.

This Manual Handling Training teaches delegates to understand what is meant by safe manual handling. Competency in safe carrying and lifting techniques for the workplace is a legal requirement and this course provides delegates with everything they must know to remain compliant.

Course Duration

This is a 35 minute course.

Agenda

The course modules cover:

- Your back during Manual Handling
- Daily Tasks
- LITE Assessment
- Techniques

Certification

Delegates will receive a HSS printable certificate in Manual Handling upon completion of the course.

This course is approved and accredited by IOSH.